

WHITE TRAIL: MODERATE TO CHALLENGING (2.1 TO 2.6 MILES)

The White Trail traverses the length of the property. The western segment (1.1 miles) runs between the Boulder Field and Frog Pond. It follows Hurricane Creek over two bridges and past Tugboat Rock.

The eastern segment (1 - 1.5 miles) starts at the Boulder Field and follows the creek through a hardwood forest. At the half-mile mark, the trail forks at a service road. To the right, it follows the dirt road along Hurricane Creek to the trail head near Simmons Middle School.

Straight ahead the trail takes you up the mountain. At the half-mile mark, the trail turns to follow a stream valley and continues to Window Rock and the Powerline Trail. If you don't want to climb the hill, go straight past the turn to the intersection with the service road and the Blue Trail. The Powerline Trail hike is all downhill.

BLUE TRAIL: MODERATE TO CHALLENGING (1.4 MILES)

The Blue Trail begins at the Sulphur Springs Road parking area. A short distance down the trail, a spur to the right heads to the junction of three trails (Patriotic Junction). The main portion of the Blue Trail continues to the left in an easterly direction along a ridge and down the hill to a stream valley. After leaving the valley the trail passes the Great Wall. A right turn at the next fork in the Blue Trail connects with the White Trail. The main portion of the Blue Trail continues to the left and shortly reaches the junction of the Powerline Trail and an old dirt service road. The Blue Trail widens and continues to the right, passes a waterfall and boulders, and then reconnects with the White Trail.

RED TRAIL: MODERATE (1 MILE)

The Red Trail begins at Patriotic Junction and shortly reaches Preserve Parkway, crosses the road and re-enters at the red markings. The trail continues through the

forest and gradually up a slope. Near the top of the slope, a side trail to the left leads to a swamp. The main trail continues along the slope and down to a stream valley. An old road bed to the left leads to a waterfall. The main trail ascends the slope to an old road bed. The trail follows the old road bed to the top of the slope at High Cliff and then leaves road bed to the left and descends the steep but short slope until it reaches Preserve Parkway. The Red Trail continues at the left end of the guardrail across the road. At this point the trail goes down the grassy road shoulder into the forest and shortly connects with the White Trail.

POWERLINE TRAIL (1.5 MILES)

This undeveloped right-of-way access runs west from the Sulphur Springs parking area through open areas. The Blue Trail intersects at less than a half mile. The trail then goes into steep ravines with wet-weather streams at the bottom. It passes boulder formations and intersects with the White Trail. It continues to the property boundary, where you can see a smaller powerline to the right, which is the end of the trail.



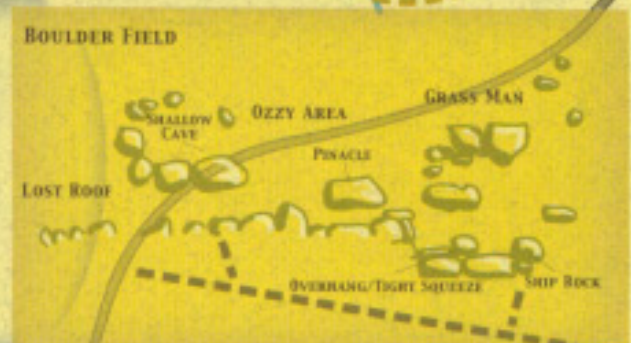
LOOPS: With several access points and connector trails, Moss Rock Preserve's trail system is ideal for loop routes. These enable you to create a longer hike, or to take a quick, easy walk.

SCENIC (3.6 MILES): Start at Sulphur Springs parking lot. Follow the Blue Trail and take the first right fork. At Patriotic Junction, take the Red Trail across Preserve Parkway. Stay on the Red Trail, re-cross Preserve Parkway and intersect the White Trail. Take a right on the White Trail.

LONG HIKE (3.9 MILES): Start at Sulphur Springs parking lot. Follow the Powerline Trail to the northeast corner of the property, then take a right on the White Trail and follow it down the mountain. Go along Hurricane Creek to the Boulder Field. Continue west to intersect the Red Trail. Follow the Red Trail across Preserve Parkway, up the hill and back across the road to intersect the Blue Trail. Follow the Blue Trail to the left and the parking lot. [The first 1.3 miles is open and exposed to the sun.]

SHORT HIKE (.8 MILES OR LESS): The shortest walk is an amble through the west end of the property. Start at Sulphur Springs parking lot on the Blue Trail. Follow the right fork to the White Trail. Take the White Trail east to the second cross trail and turn left to reach the Blue Trail. Turn left on the Blue Trail and follow it to the parking lot.

At the Boulder Field, go up the slope, through the boulders and back down to the White Trail. Continue east on the White Trail to the service road. Continue straight ahead up the mountain and follow the trail to its intersection with the service road and the Blue Trail. Take a right on the service road portion of the Blue Trail and continue west to the parking area.



BOULDER FIELD TRAIL: EASY TO MODERATE
The Boulder Field Trail meanders beneath cave-like overhangs, through tunnel passages and alongside two-story monoliths. Follow this trail downhill toward Hurricane Creek to connect with the White Trail. Expect crowds on weekends and when rock climbing events are in town.

LEGEND		REGULATIONS	
Red Trail	BF Boulder Field	M Remnants of Moonshine Still	HOURS: Sunrise to Sunset PETS: Dogs must be on a leash and in your control at all times.
White Trail	L Longleaf Pine	W Waterfall	
Blue Trail	H Hole in Rock	WL Wetland/Frog Swamp	NO PARKING IS ALLOWED ON PRESERVE PARKWAY. The City of Hoover's regulations are posted at trail heads. Please abide by them for your own safety and the enjoyment of all property visitors.
Powerline Trail	B Boulders	V Scenic View	
Cross Trails/Service Road	WLF Wildflowers		
Preserve Parkway	BR Bridge		
Streams			

TRAIL HEADS & PARKING
WEST - SULPHUR SPRINGS ROAD, West end of Blue Trail.
CENTER - TOWN CENTER, Boulder Field, middle of White Trail.
EAST - CHAPEL ROAD, SIMMONS MIDDLE SCHOOL, East end of White Trail.

PLEASE, TAKE ONLY PICTURES AND LEAVE ONLY FOOTPRINTS.