



Hoover Youth Flag Football

Frequently Asked Questions

Recreation and Competitive Grades 7th/8th

hooveralabama.gov

TO REGISTER Visit hooveralabama.gov online or the Hoover Met Stadium in person

Cost \$115 - City of Hoover residents only
\$125 – Non Residents

Rosters 7th/8th Graders have the option of registering individually or as a team. If you register as a team you must have a head coach. 7th/8th graders play 5 v 5

PRACTICES

Start Dates Practices begin the week of Monday, Aug. 17
If you are already on a team than practices, you can start before Aug 17

Practice Day Practice will be one day per week Monday, Wednesday, Thursday, Friday or Sunday.
If there is a day you cannot practice, please put the day/days you cannot practice in the comment section when you fill out your registration information.

Times Practices will be scheduled by age group at either 6:00 or 7:30 pm

Locations Practices will be at the Hoover Met, Spain Park or Hoover East

Practice Length 90 minutes once per week

GAMES

Games All Games are Tuesday Evenings at the Hoover Met Sports Complex.

Game Dates **Monday Regular Season Below. Championship Games will take place Mon Nov 2nd**

Monday, Sept 7	Monday, Oct 5
Monday, Sept 14	Monday, Oct 12
Monday, Sept 21	Monday, Oct 19
Monday, Sept 28	Monday, Oct 26

Schedules Official schedules will be posted at quickscores.com/hoover

Postseason Post-season tournament is included in the registration fee. Dates and sites are TBD.

Uniforms Please double check the size you order (sample clothing will be available at sign-up). A dry fit jersey will be provided. Exchanges due to size are not available.
Jerseys must remain tucked in during games. Mouthpieces are required

Games Parents are encouraged to bring lawn chairs to the games.

Notification Coaches will be responsible to contact each player parent once assigned to his/her team.

Weather Games will take place on turf fields during the week. Games will be played in the rain. Games during the week will only be cancelled due to lightening.

Background Screening - All coaches are required to complete a background check prior to the season.

Coaches are needed - Coaches are needed for all age divisions. If interested in coaching, please contact:
For more information: Brent Solberg 205.444.7754
Athletic Manager solbergb@ci.hoover.al.us